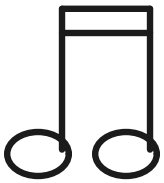


The Songs We Loved

Records, radios & a lifetime of music

From the makers of PresentCare
presentcare.app

presentcare.app



A note before you begin

Some songs stay with us long after other things fade.

On every page you'll find one big, simple picture of the records, radios, and music of home — paired with one gentle question. Color the picture, and let the music of a lifetime come back, one quiet afternoon at a time.

There is no right or wrong way. Just begin.



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HOW TO USE THIS BOOK

Print at 100% (Actual Size) for the boldest lines.

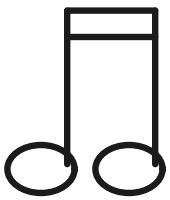
Color with anything — crayons, markers, or colored pencils.

There is no wrong way to do this. Stay inside the lines or don't.

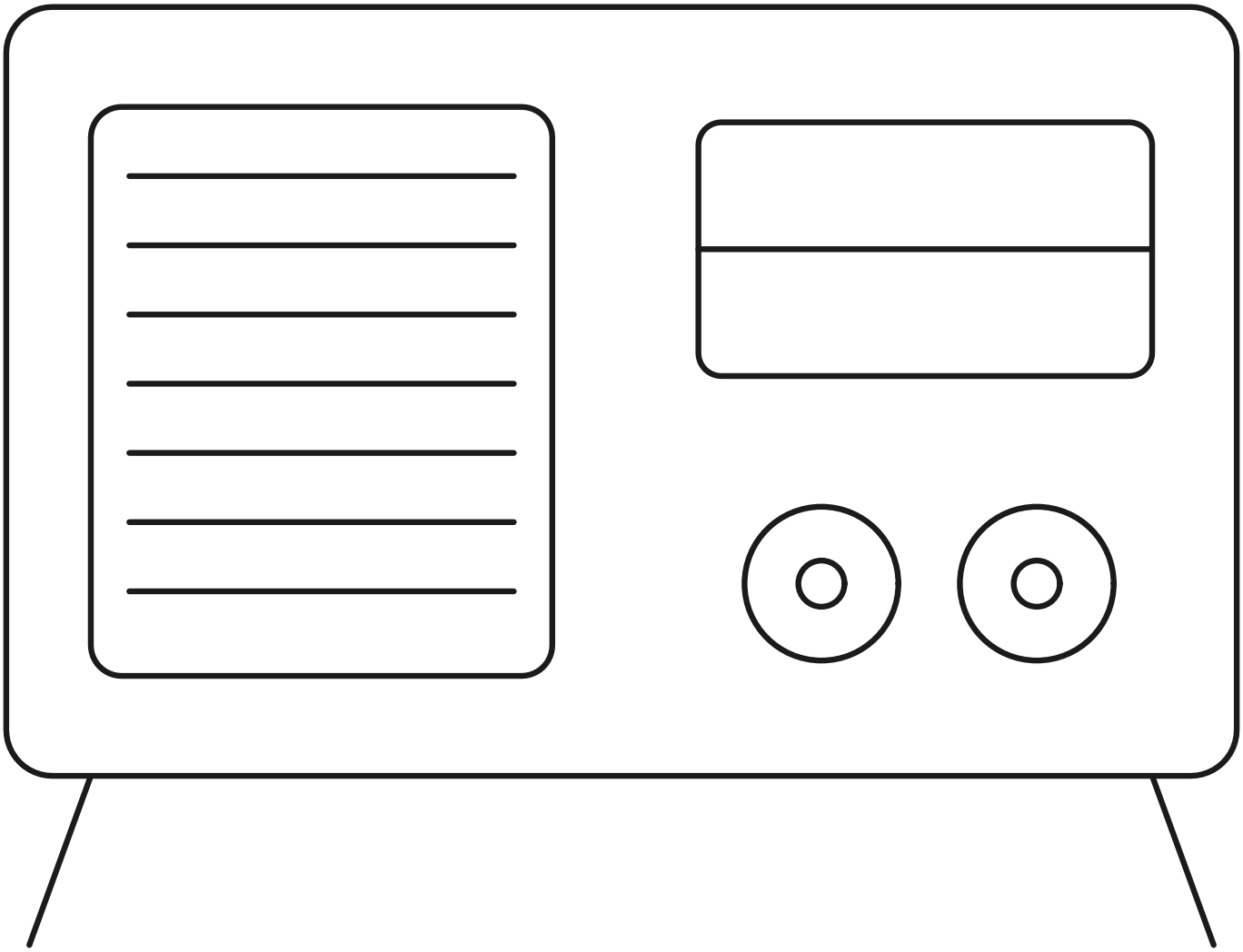
Try one page at a time. Let the picture spark a memory,

then use the gentle question to talk and remember together.

It makes a wonderful shared activity for family and caregivers.



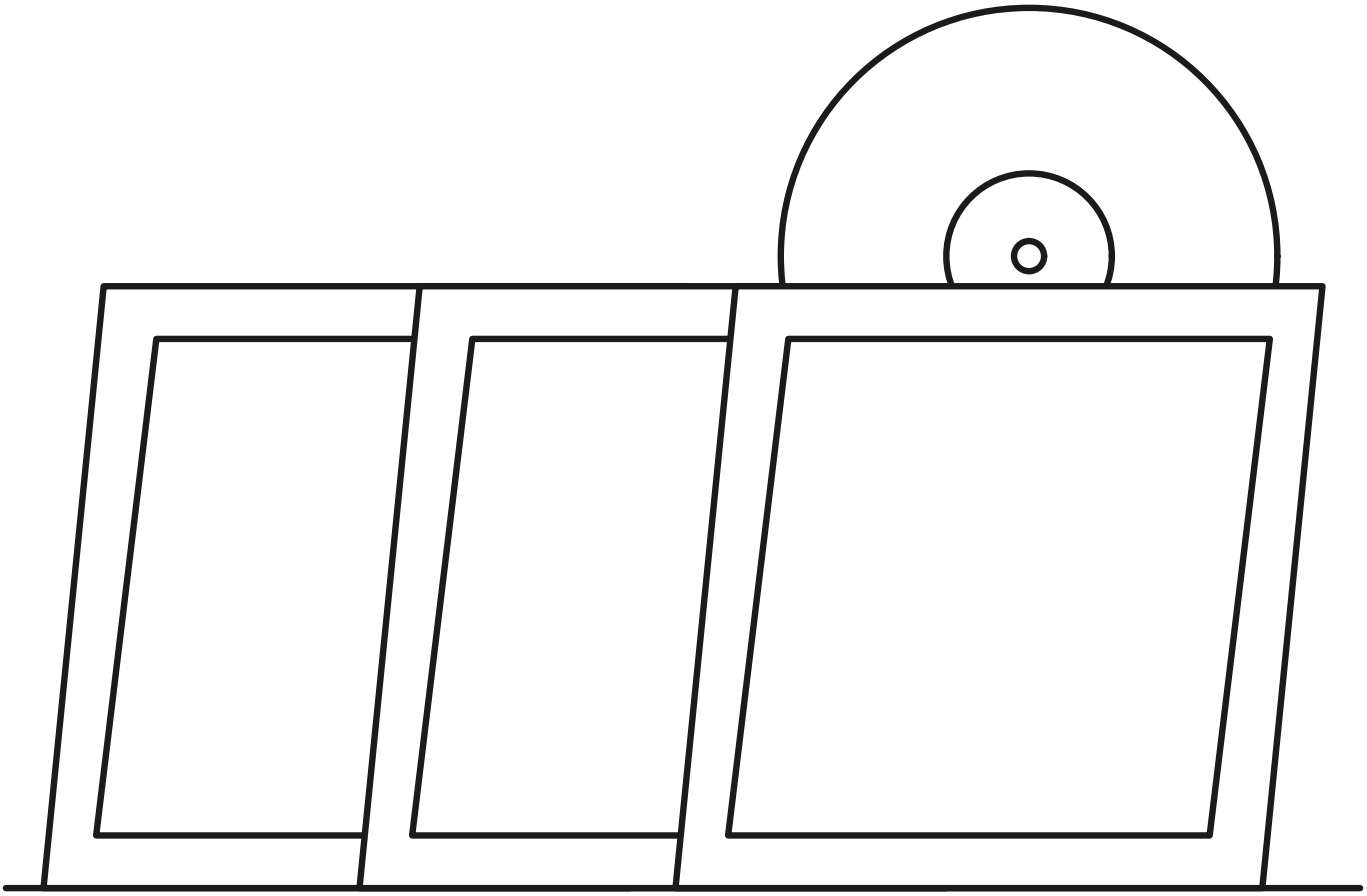
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THE FAMILY RADIO

Talk about it: What did your family listen to together?

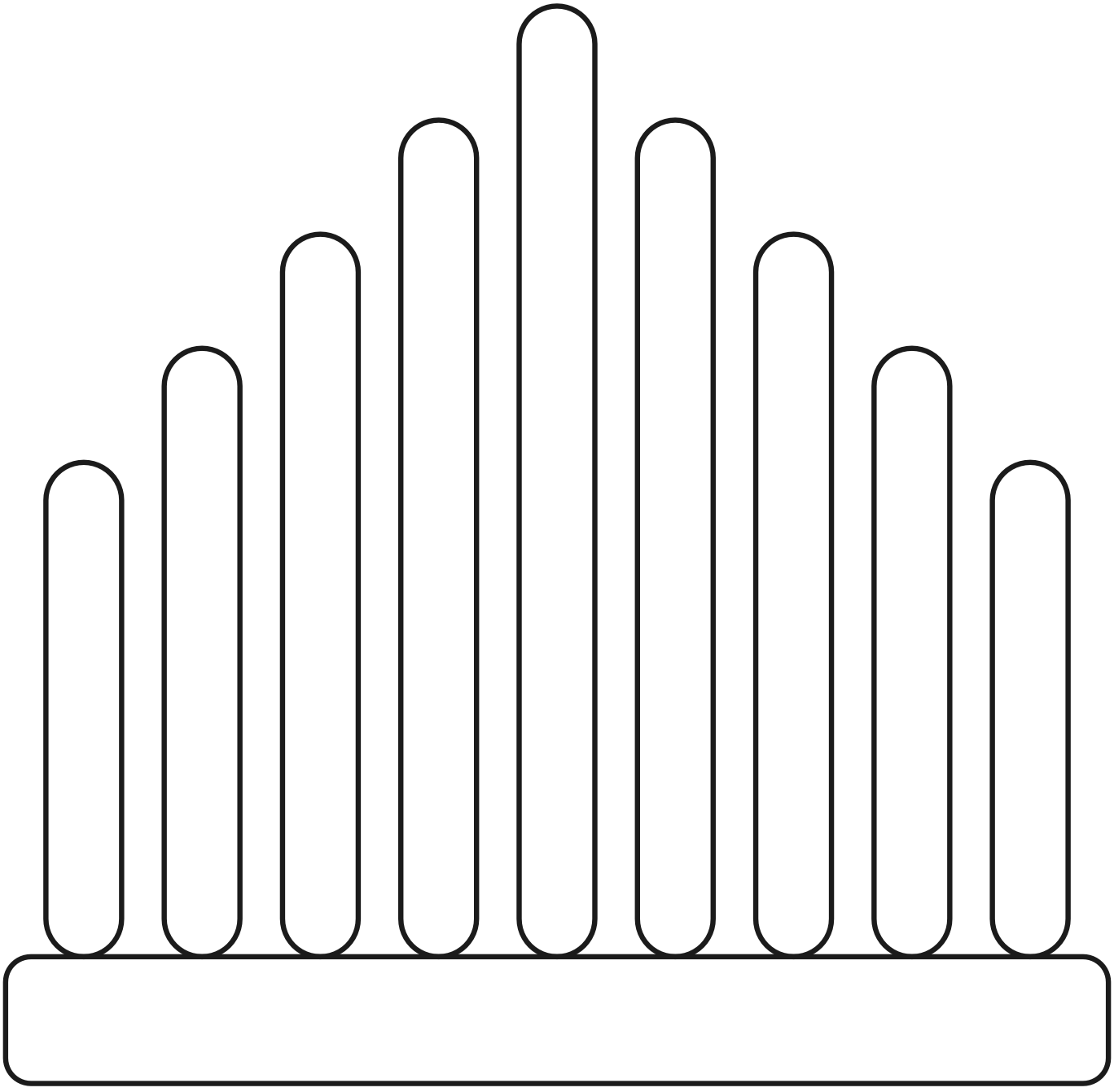
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THE RECORD STACK

Talk about it: What records did you play over and over?

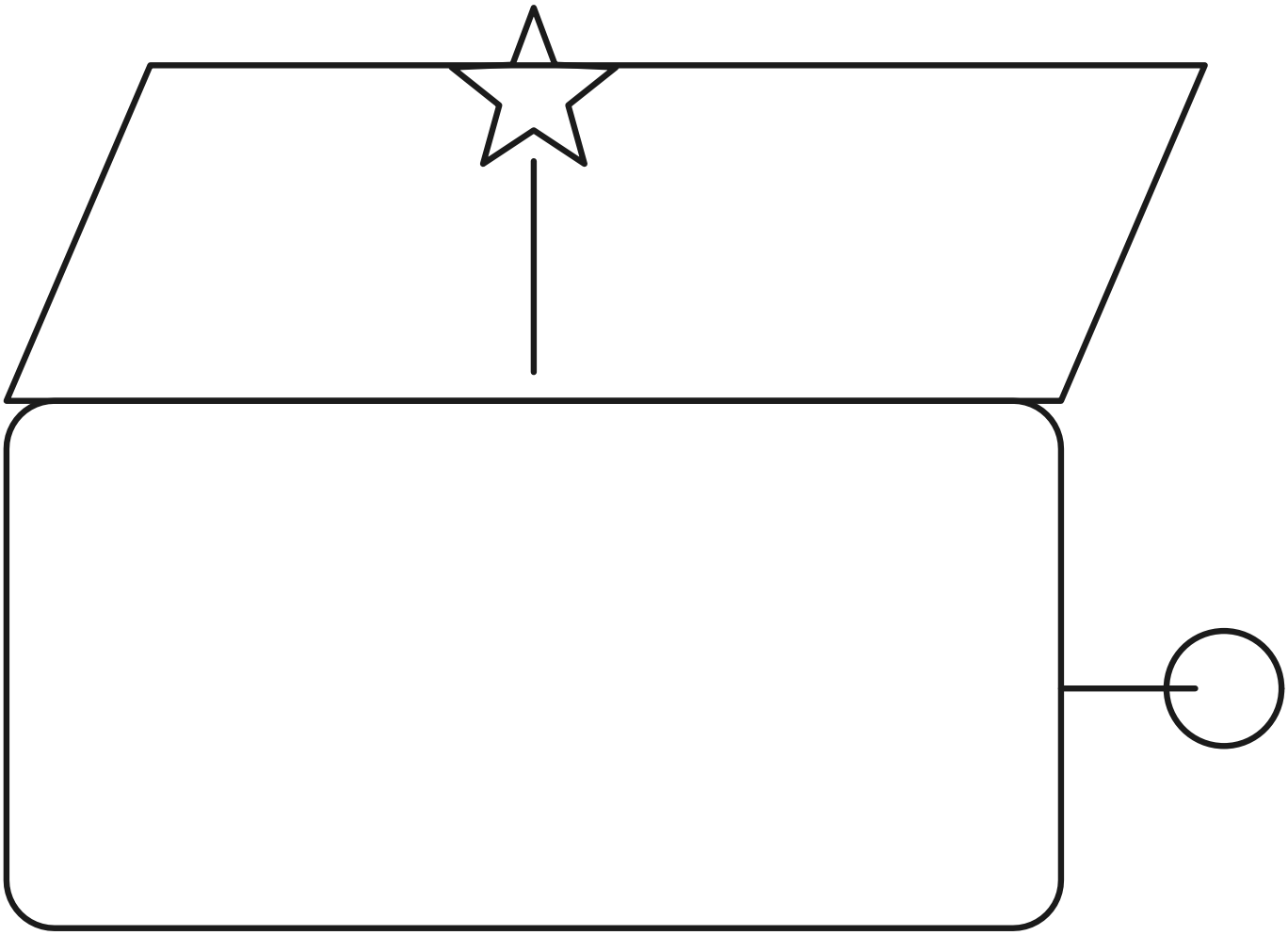
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THE PIPE ORGAN

Talk about it: What hymns did you sing?

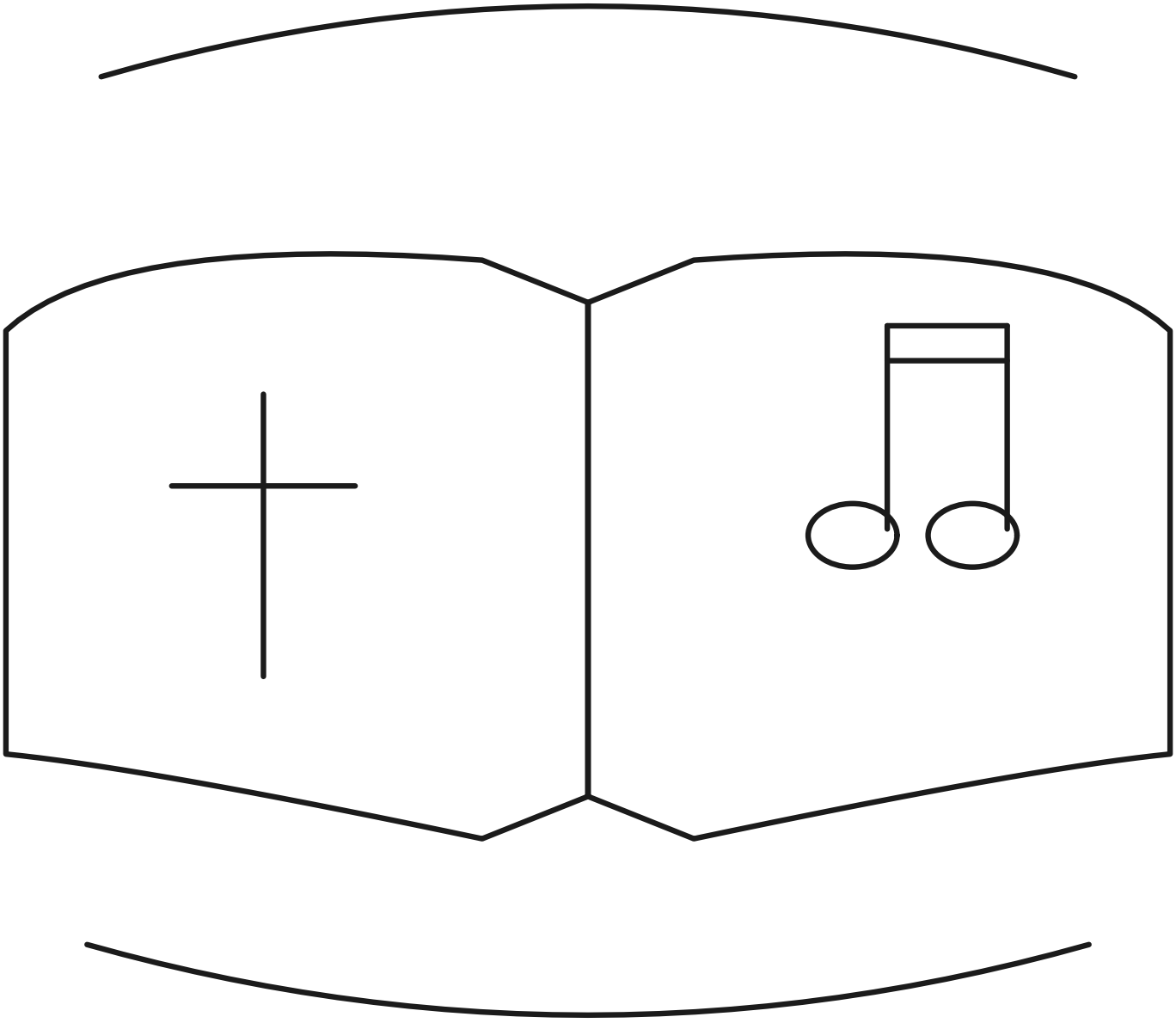
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THE MUSIC BOX

Talk about it: Did you have a music box?

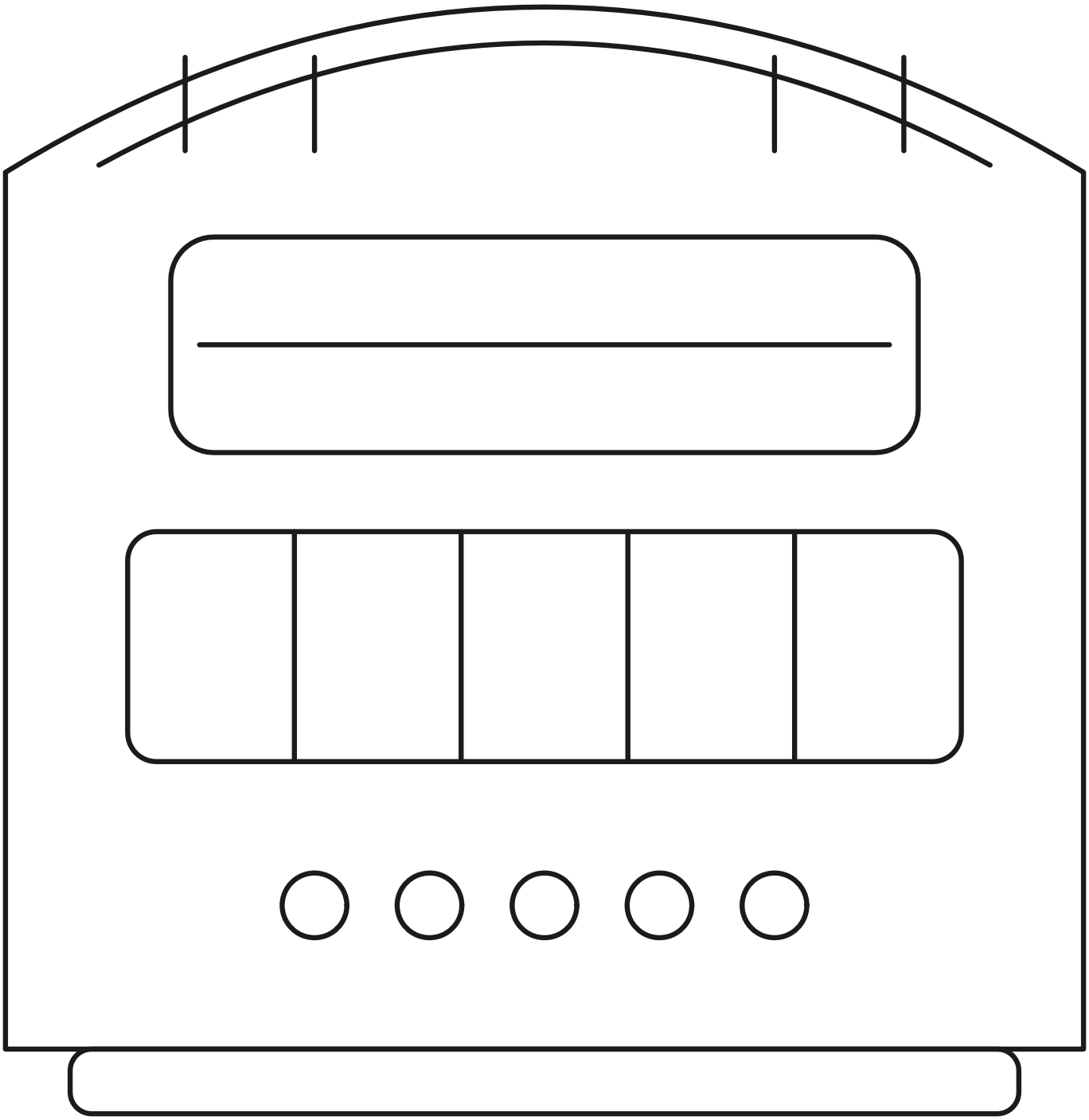
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THE HYMNAL

Talk about it: What songs remind you of Sundays?

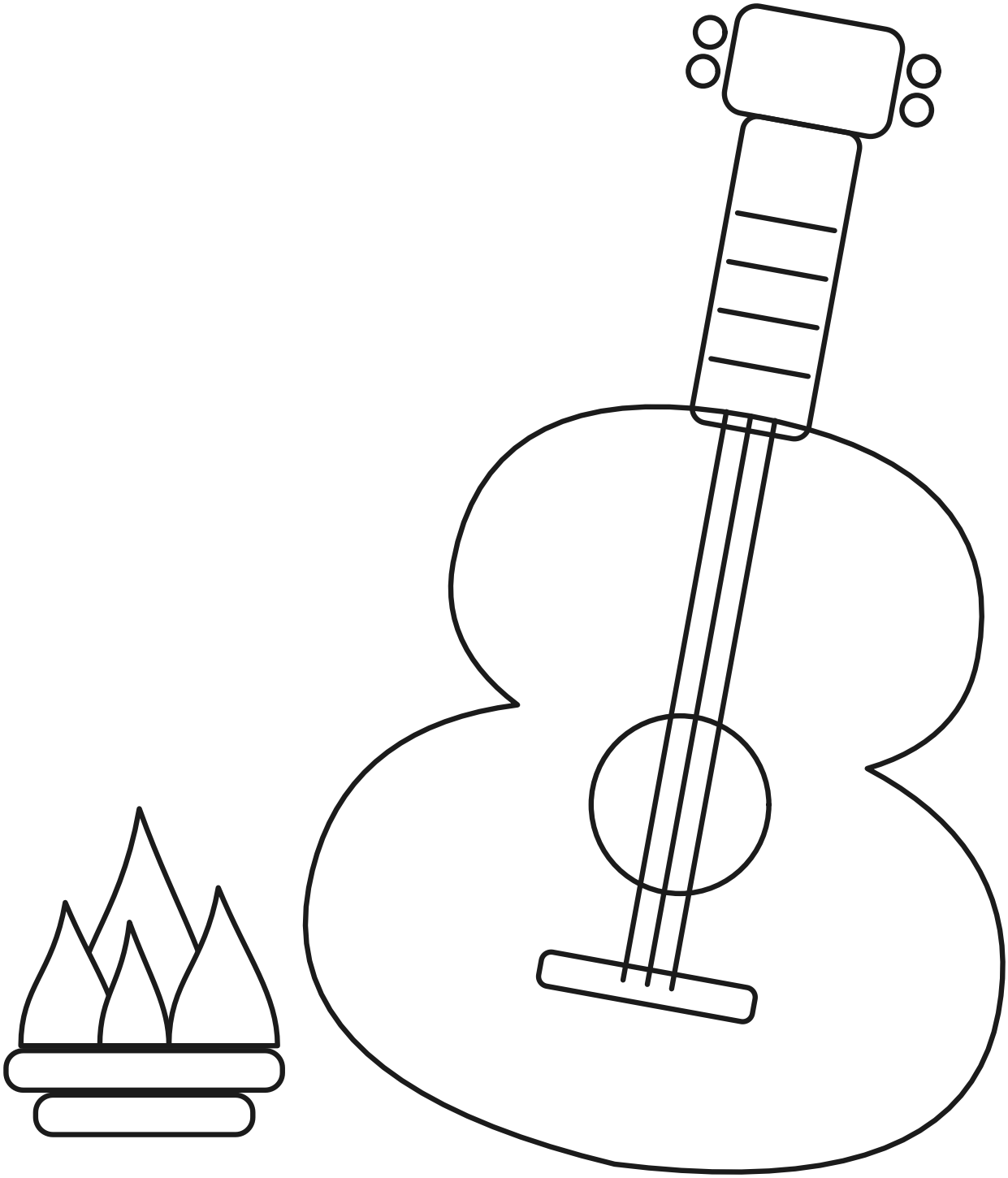
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THE JUKEBOX

Talk about it: What song reminds you of being young?

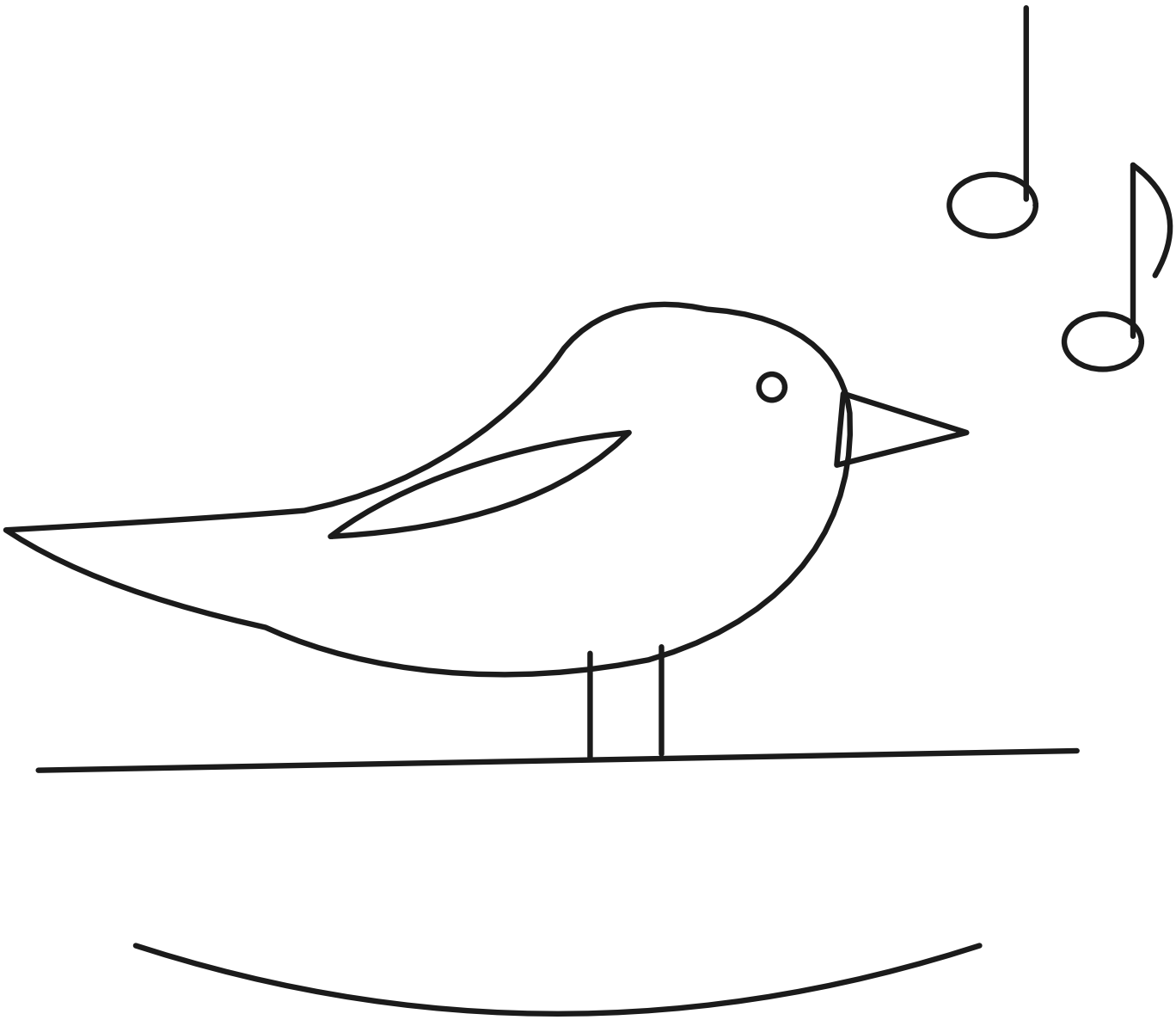
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THE CAMPFIRE GUITAR

Talk about it: Did you sing around a campfire?

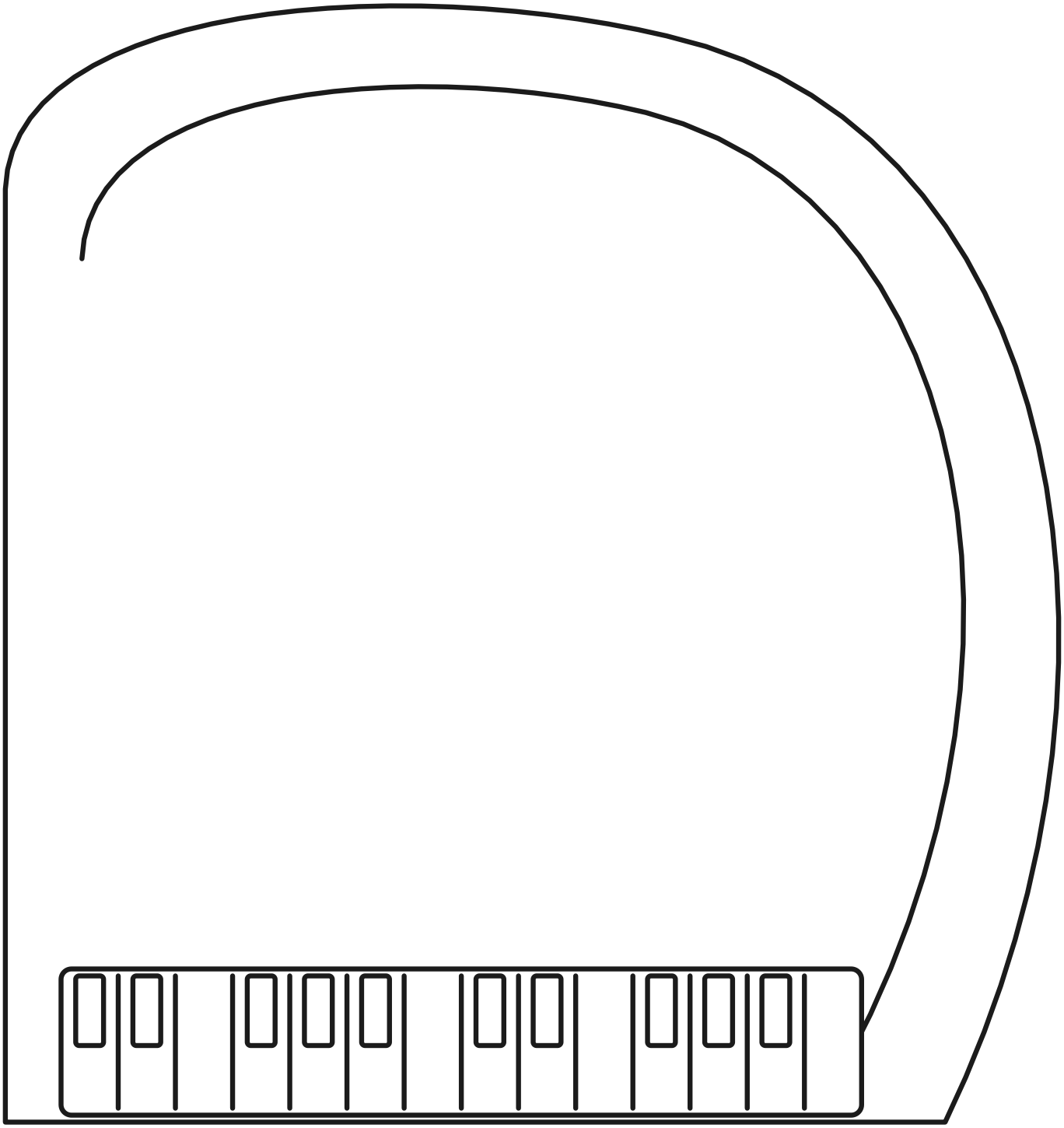
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THE SONGBIRD

Talk about it: Is there a sound that feels like home?

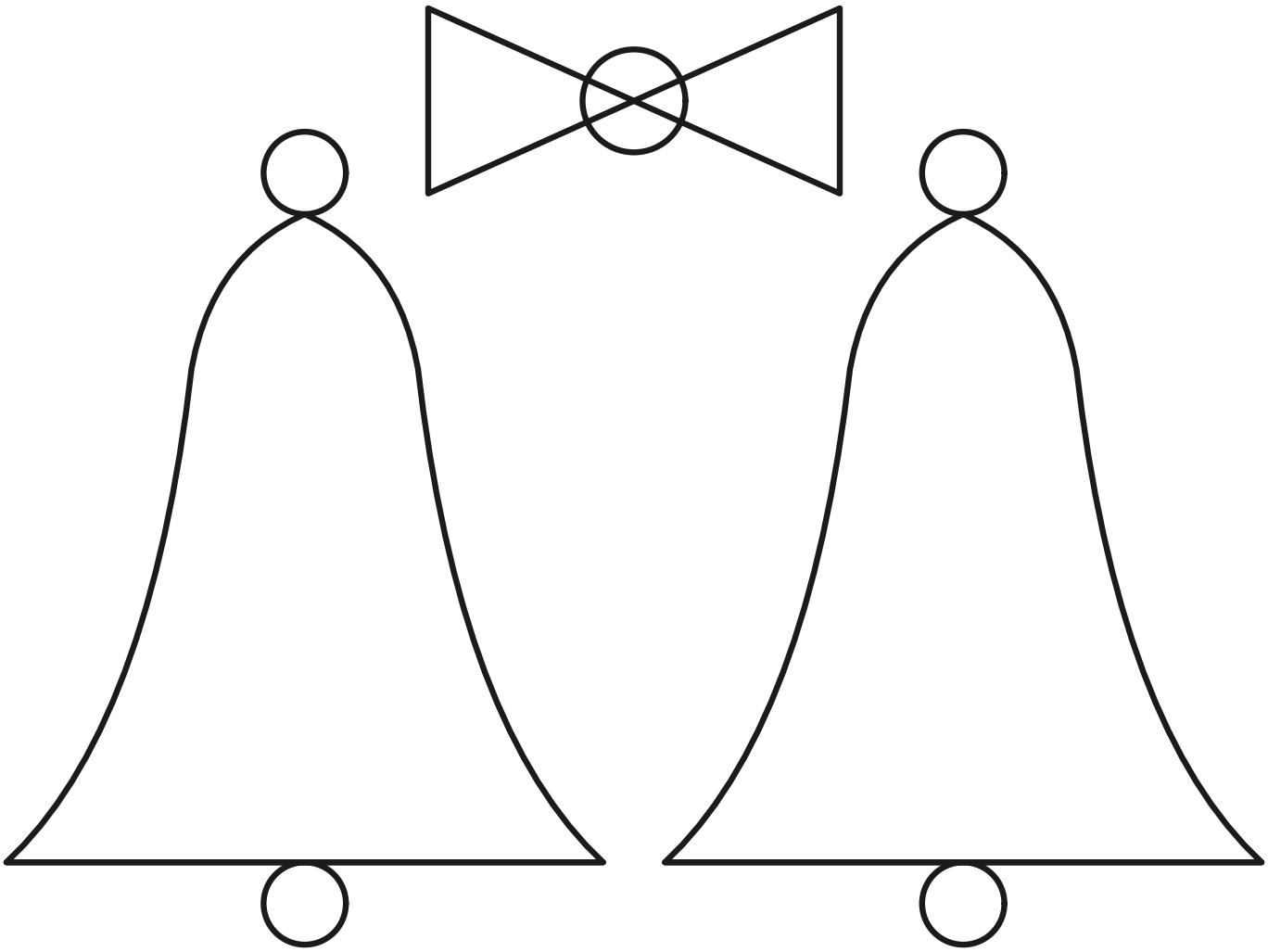
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THE GRAND PIANO

Talk about it: Who played music in your home?

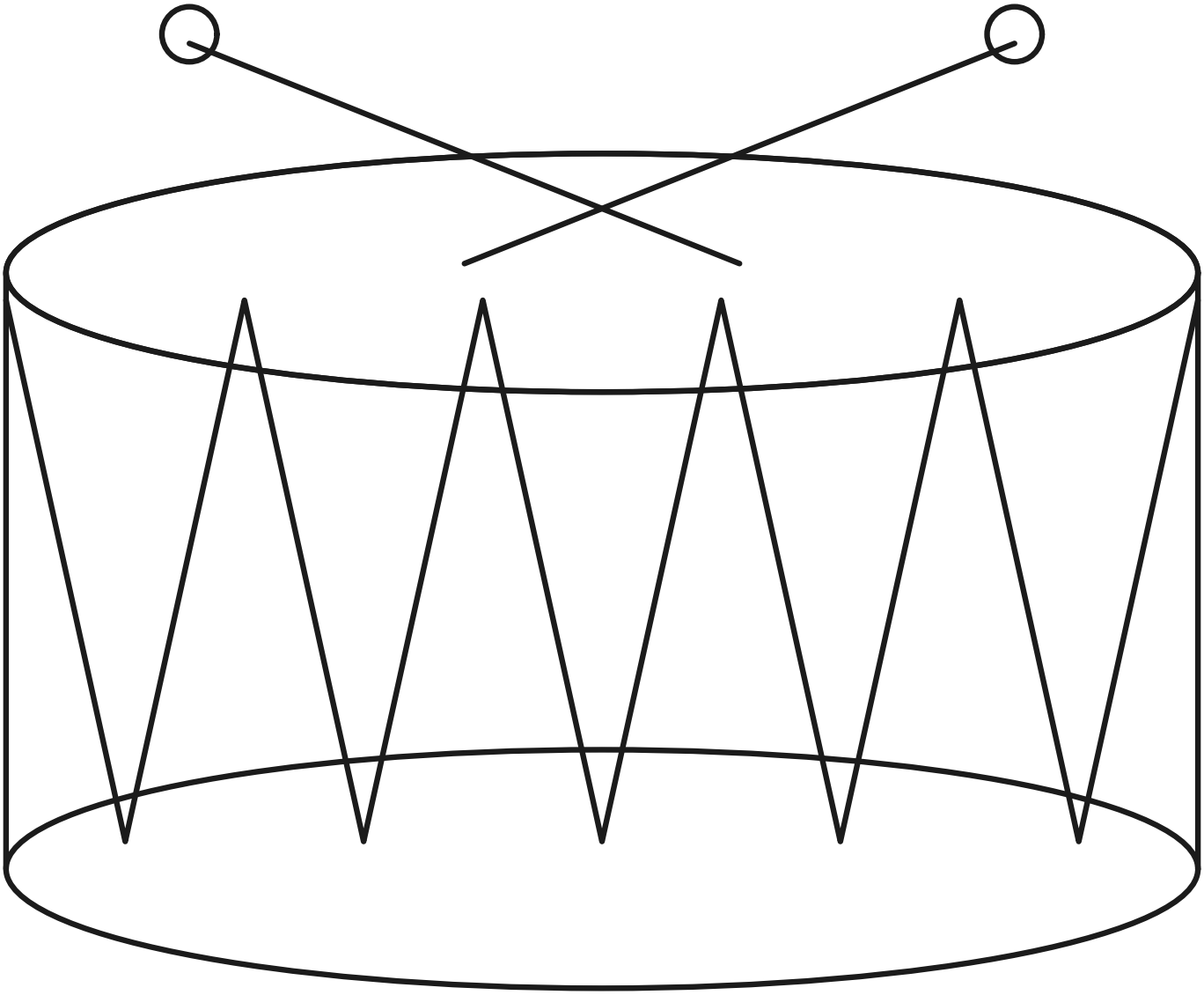
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THE WEDDING BELLS

Talk about it: What was your wedding song?

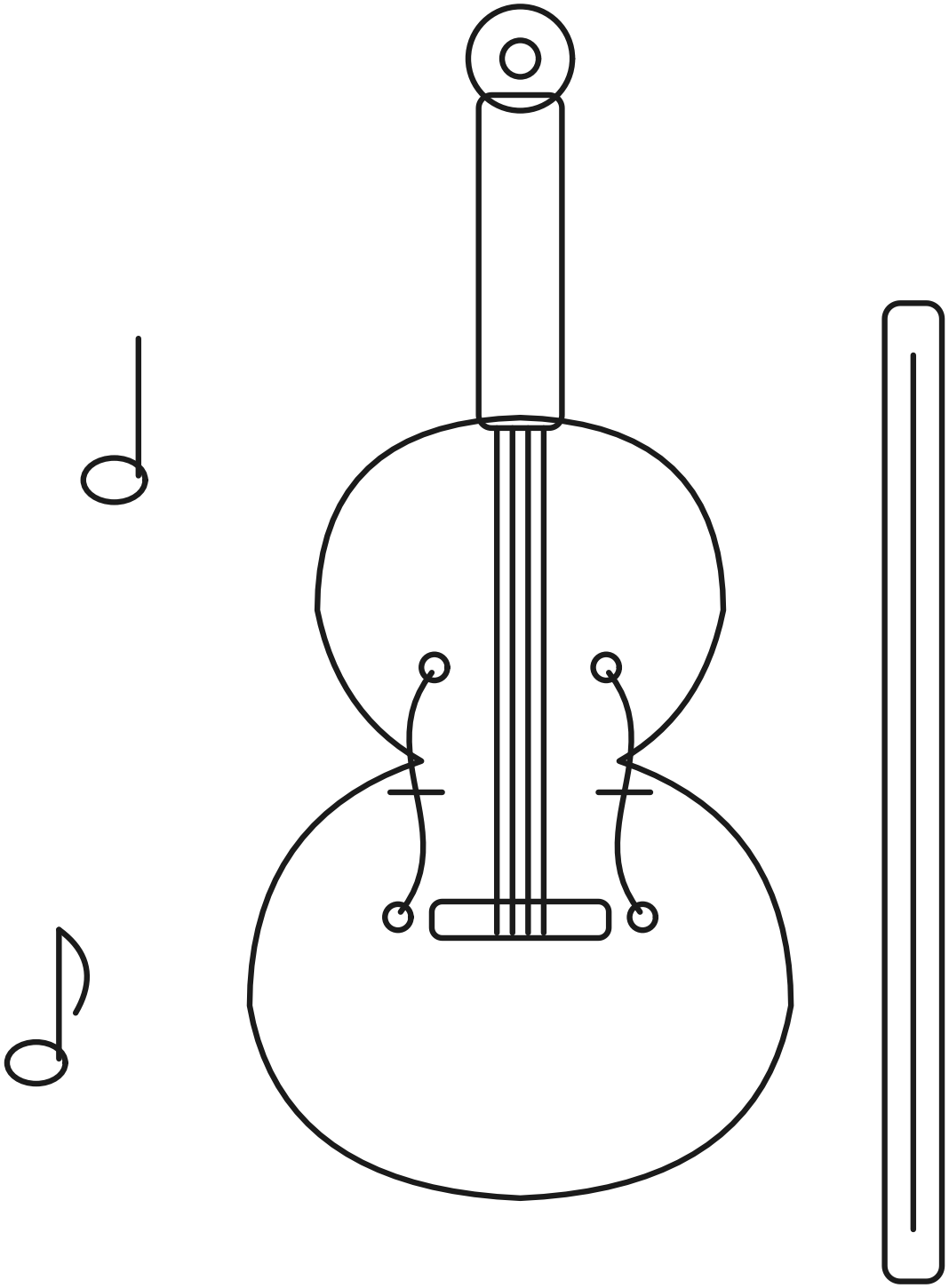
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THE MARCHING DRUM

Talk about it: Did you watch parades?

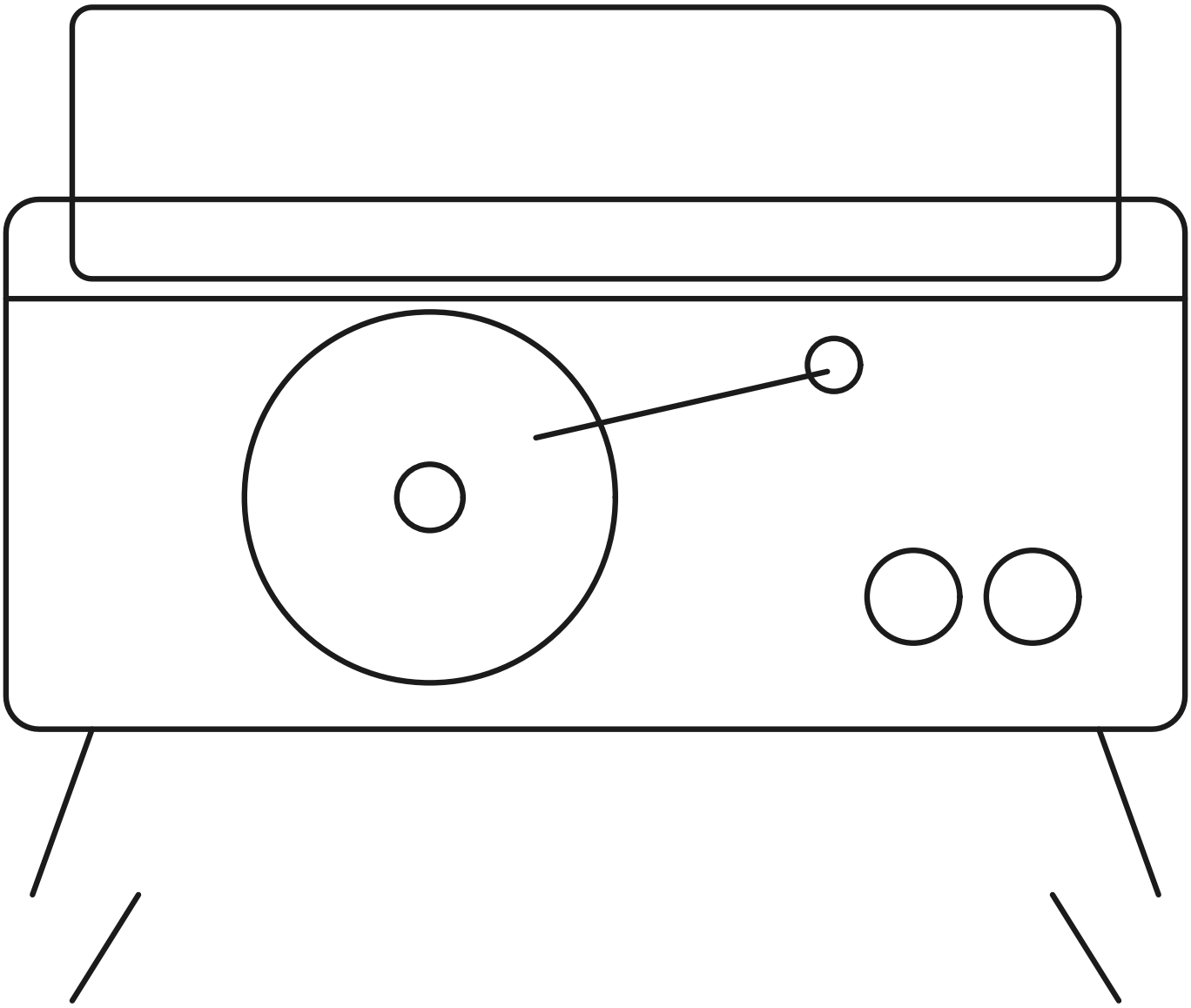
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THE FIDDLE

Talk about it: Did you go to barn dances?

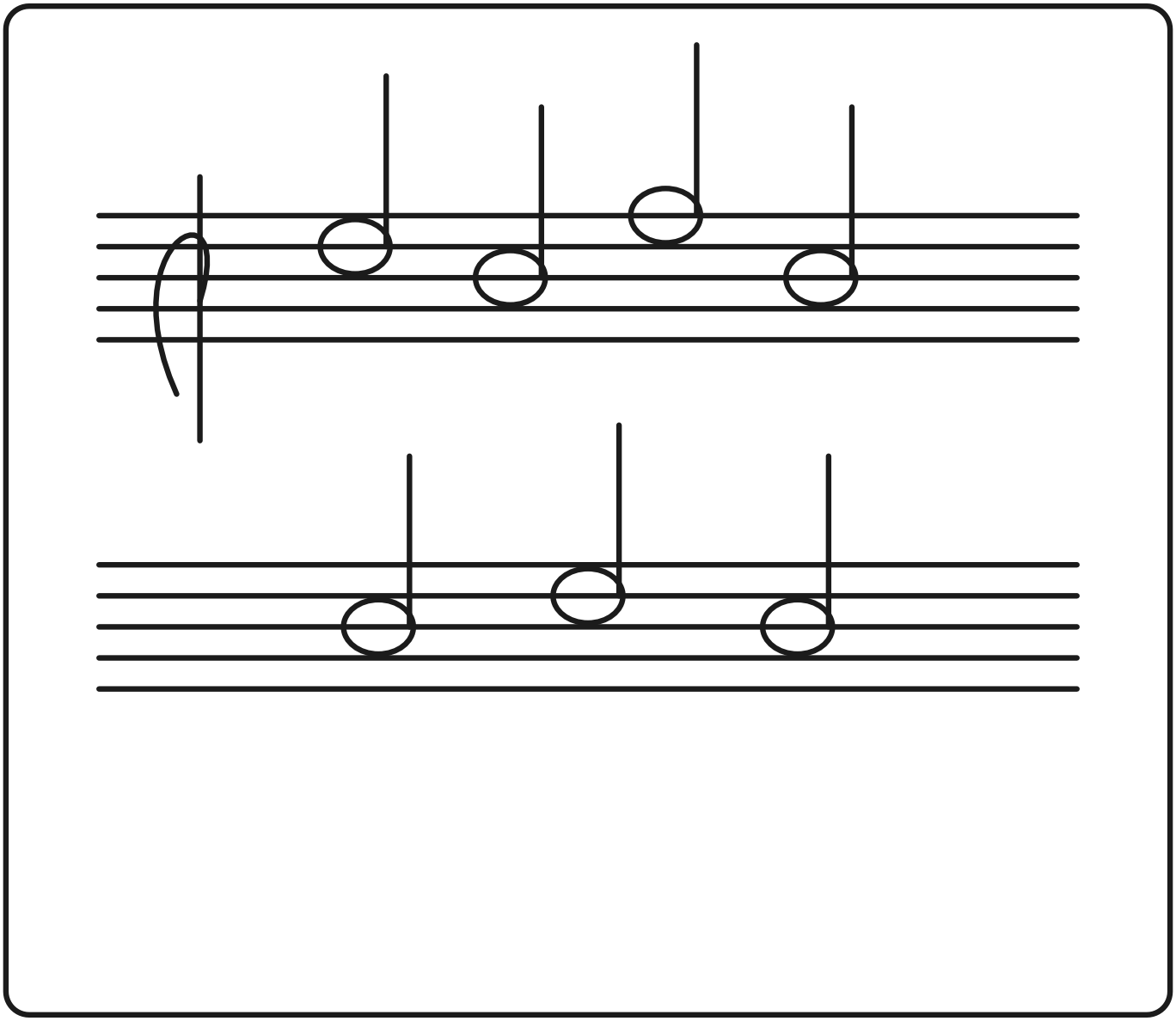
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THE RECORD CONSOLE

Talk about it: Describe your family's record player.

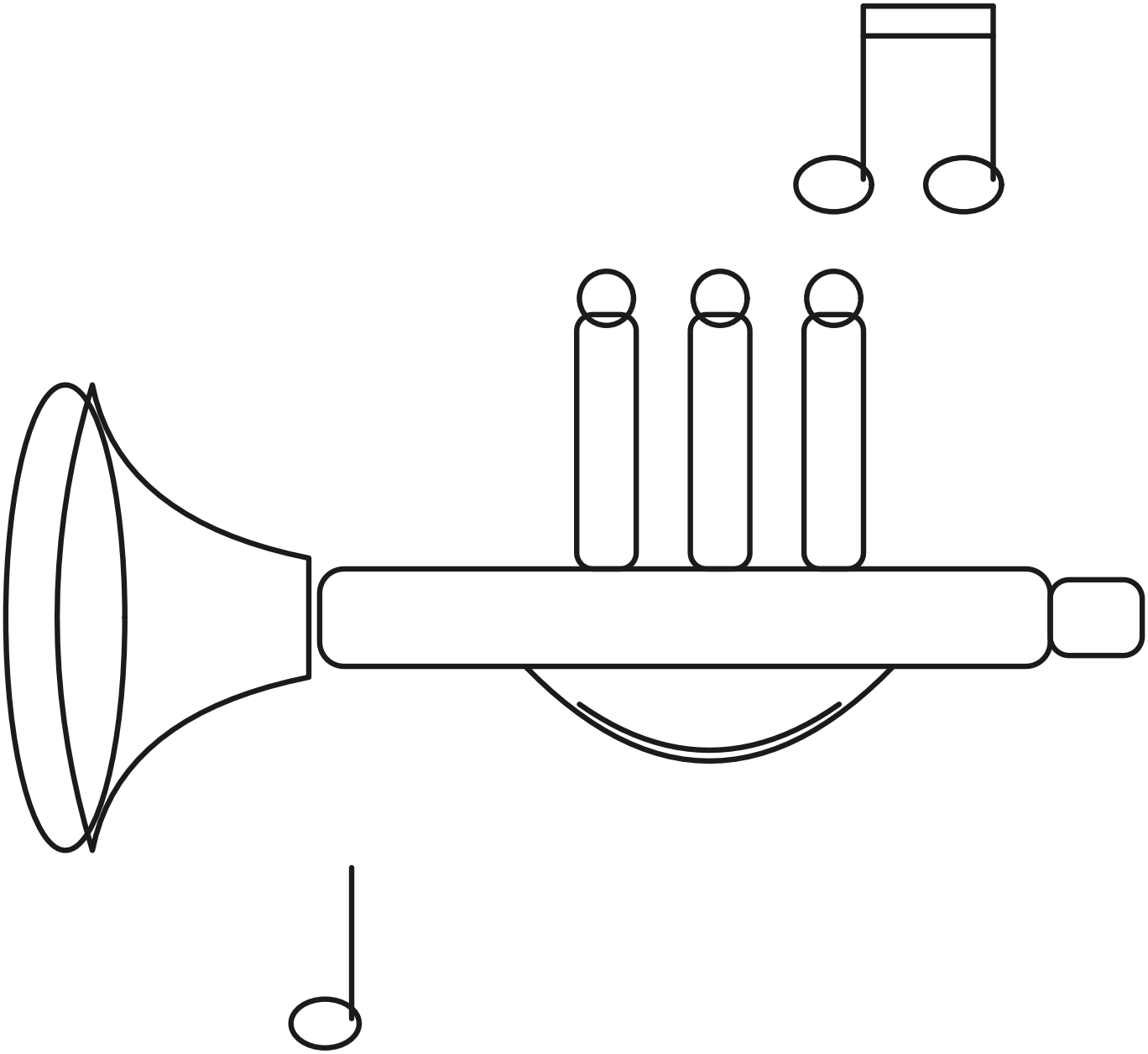
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THE SHEET MUSIC

Talk about it: Did you read music?

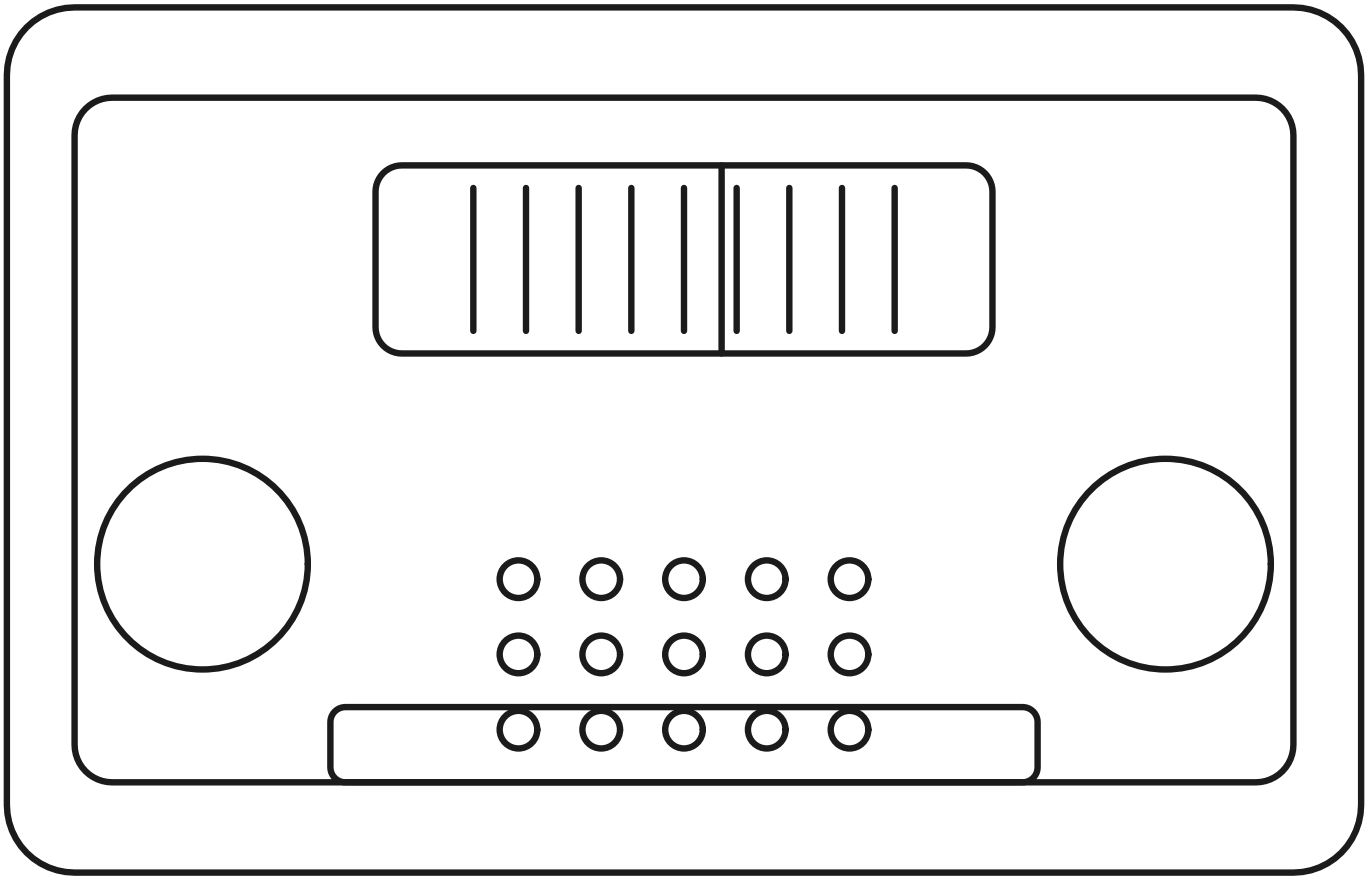
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THE TRUMPET

Talk about it: What instrument did you wish you could play?

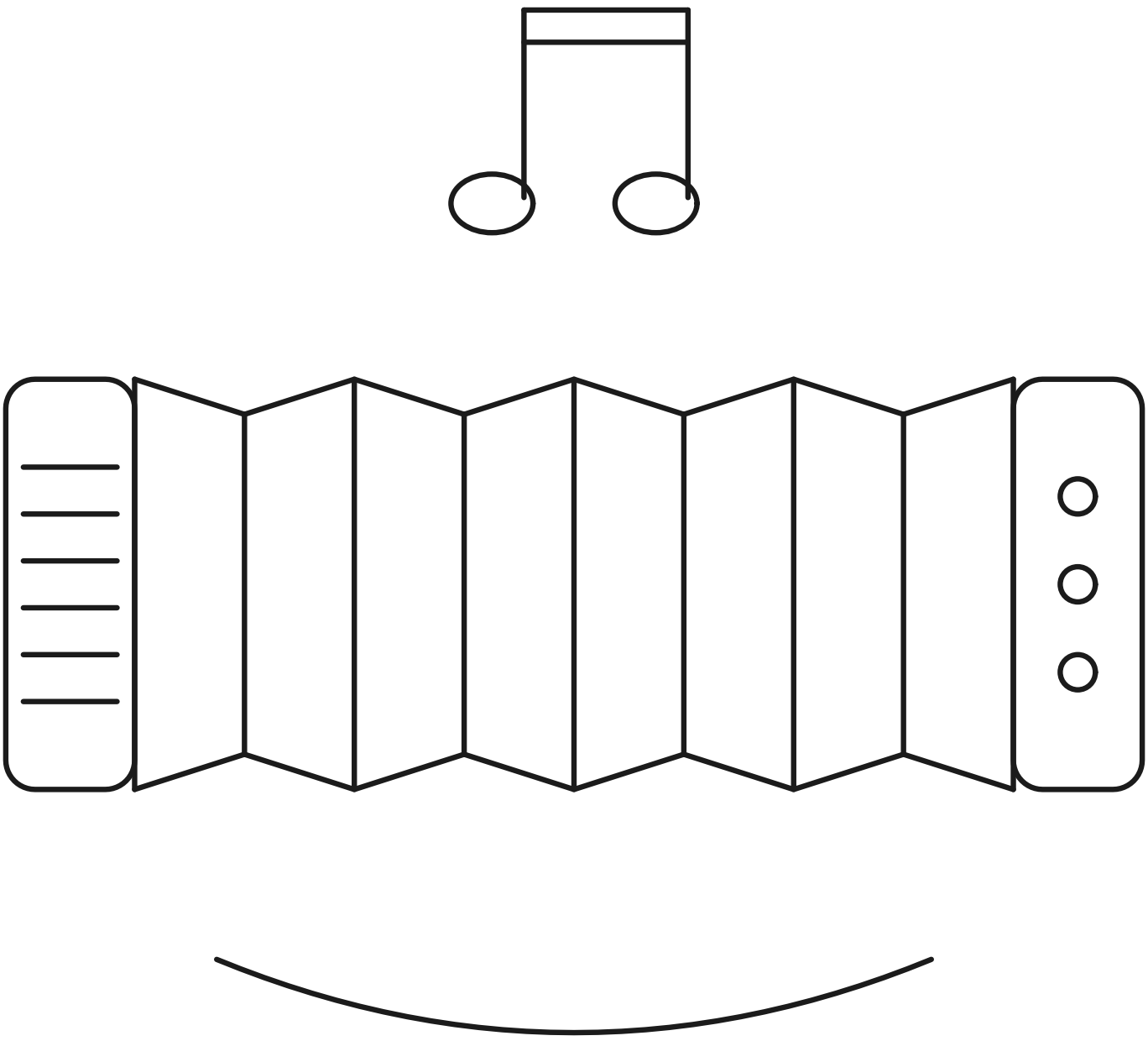
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THE CAR RADIO

Talk about it: What did you sing in the car?

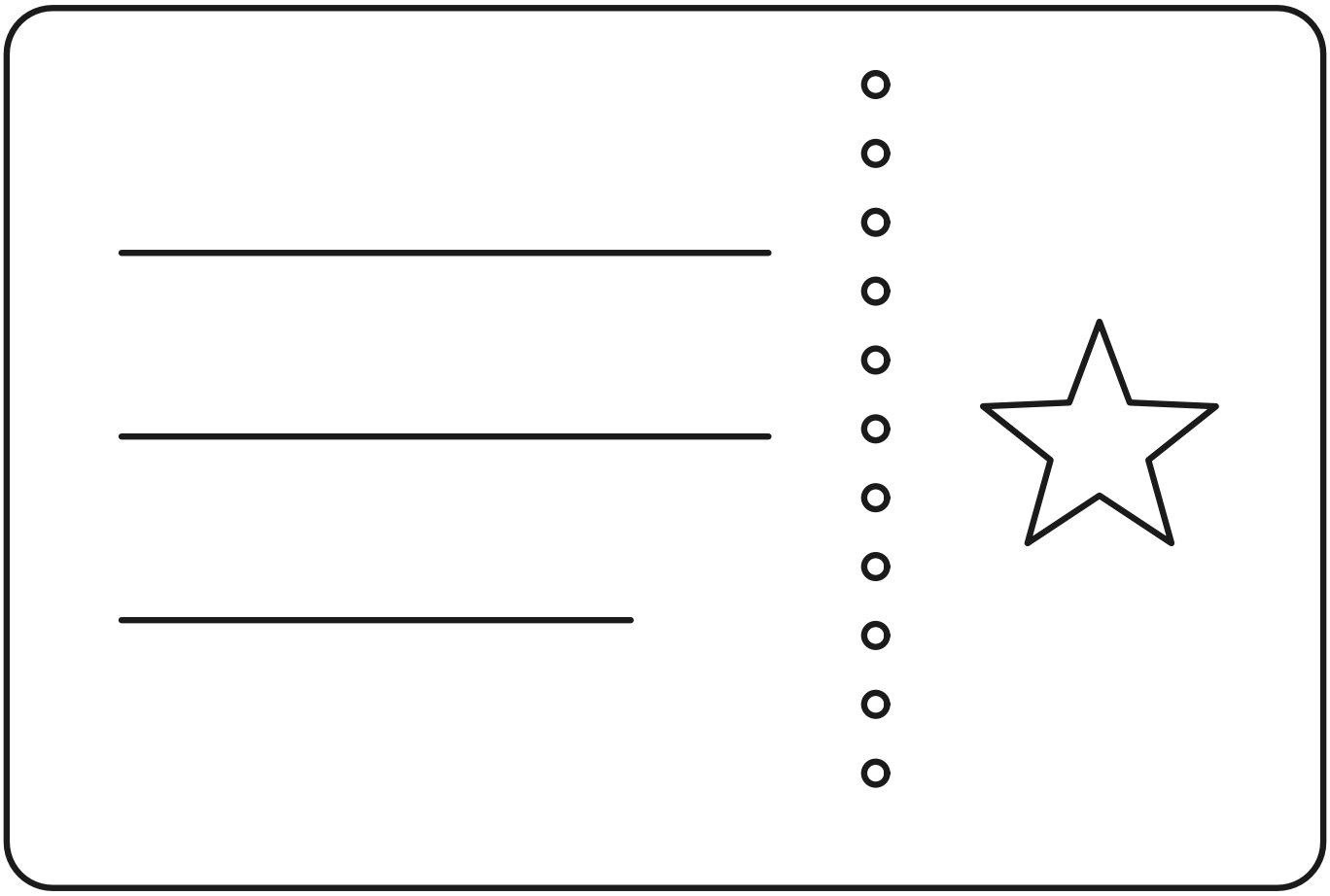
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THE ACCORDION

Talk about it: What music did your grandparents love?

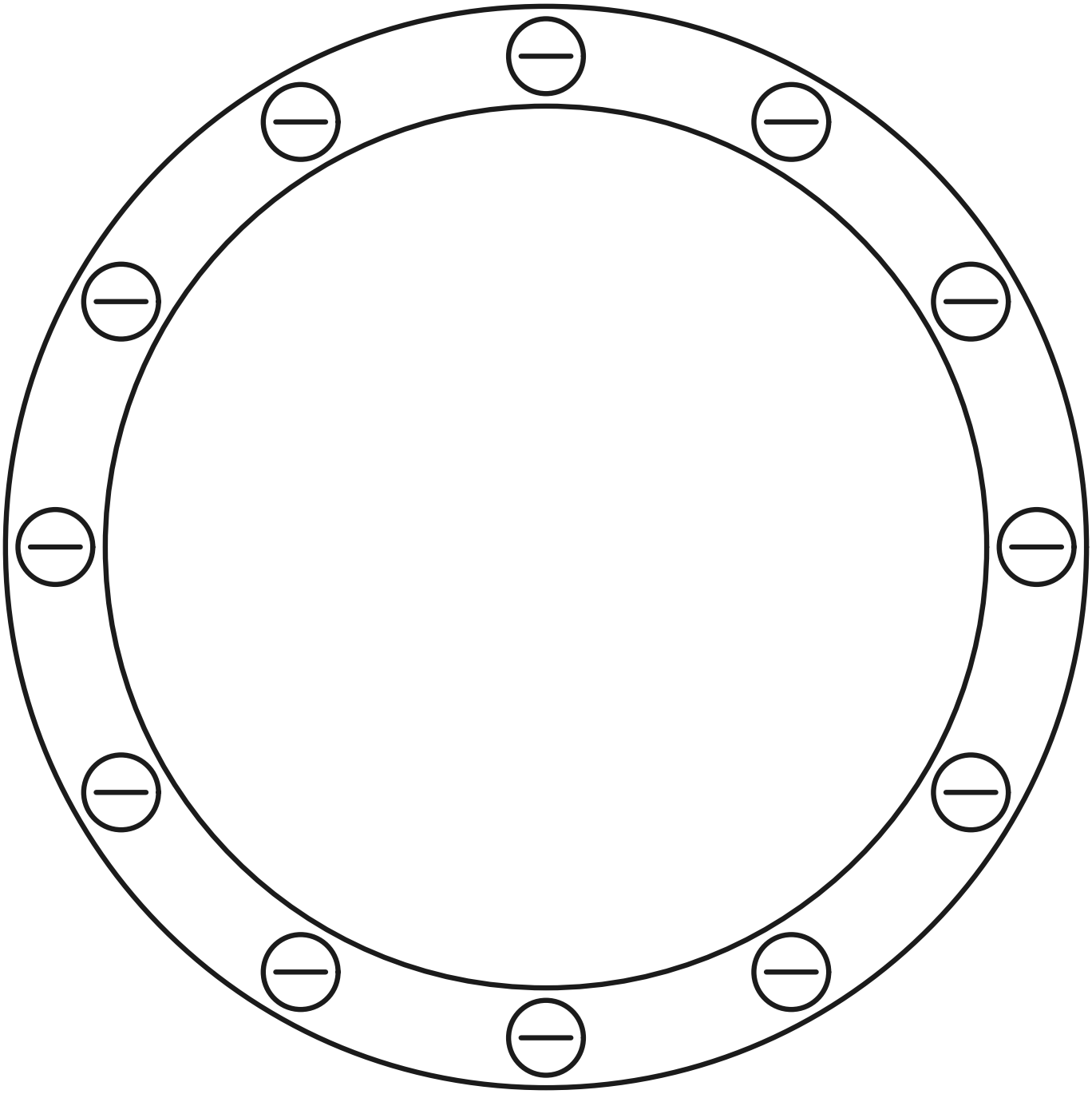
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THE TICKET STUB

Talk about it: What concert will you never forget?

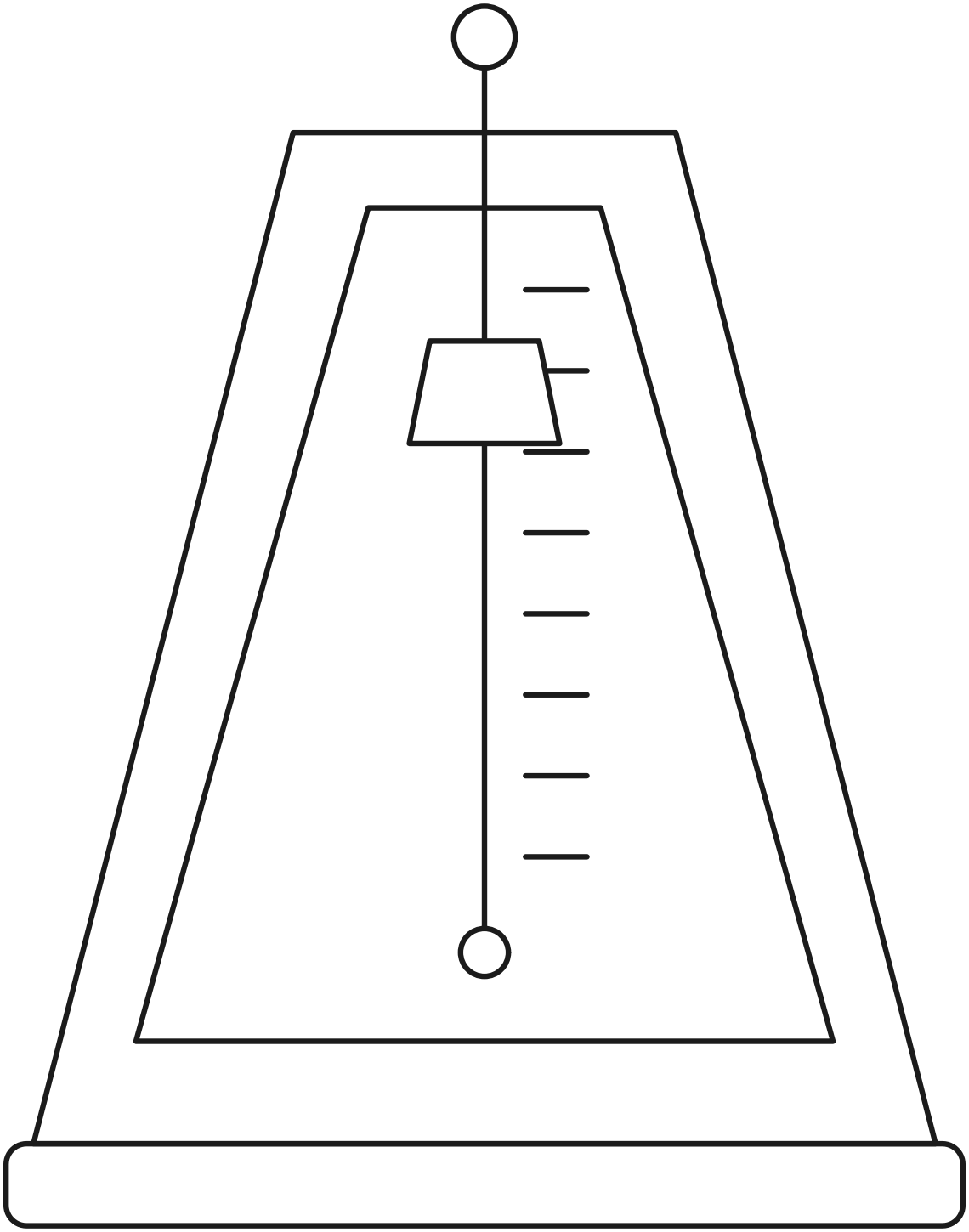
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THE TAMBOURINE

Talk about it: What gets your toes tapping?

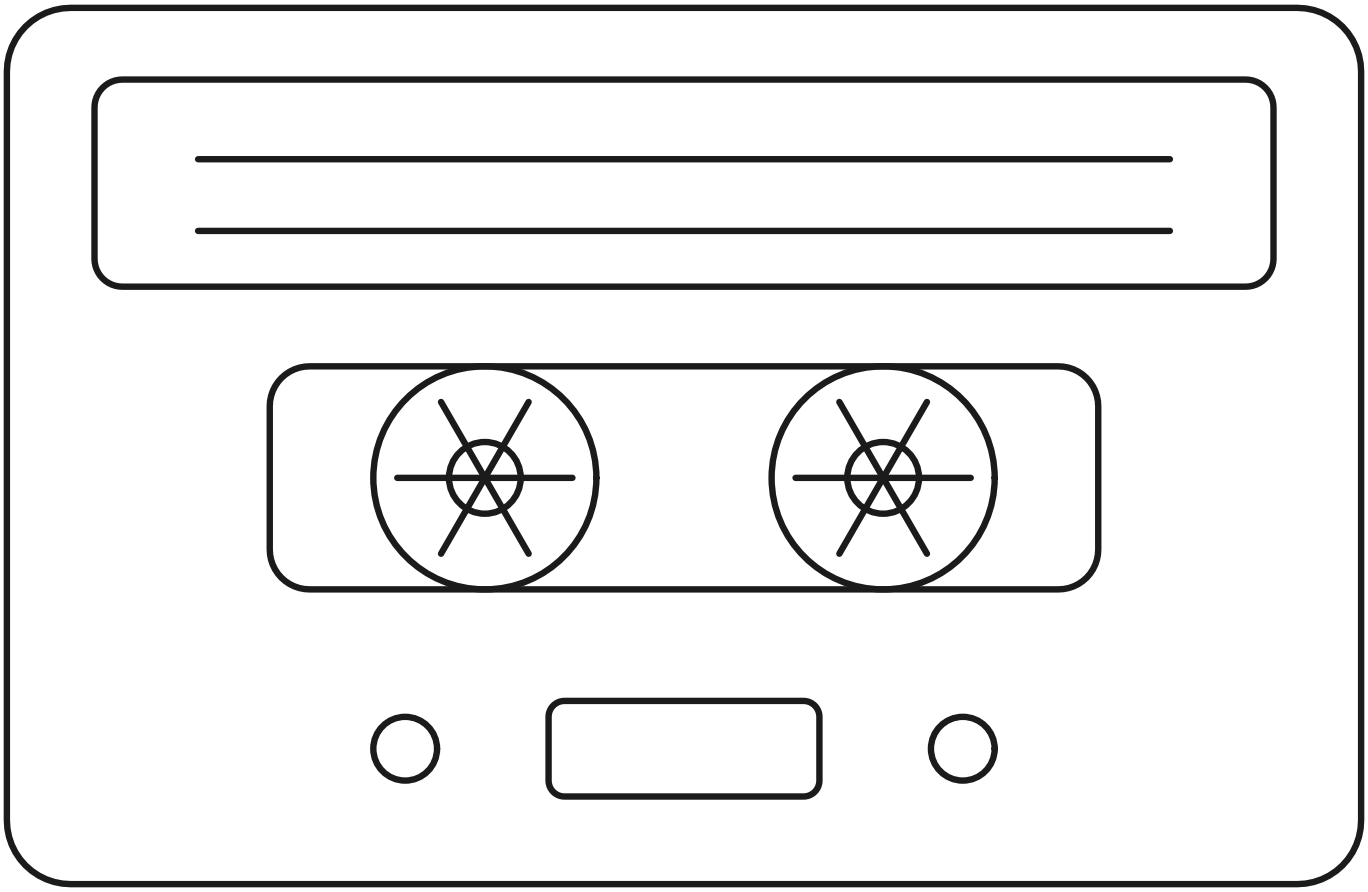
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THE METRONOME

Talk about it: Did you ever practice an instrument?

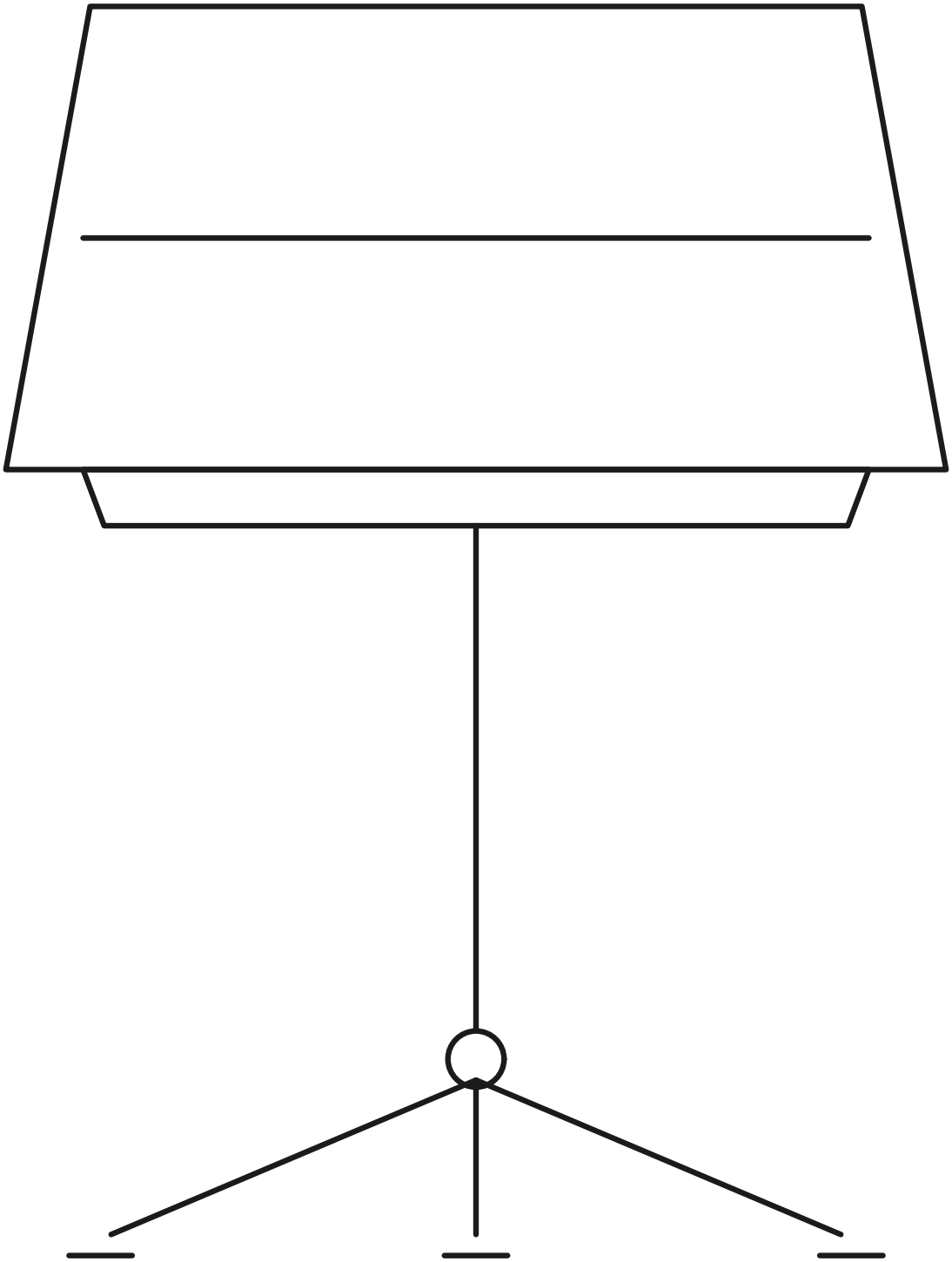
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THE CASSETTE TAPE

Talk about it: What did you record or play on tape?

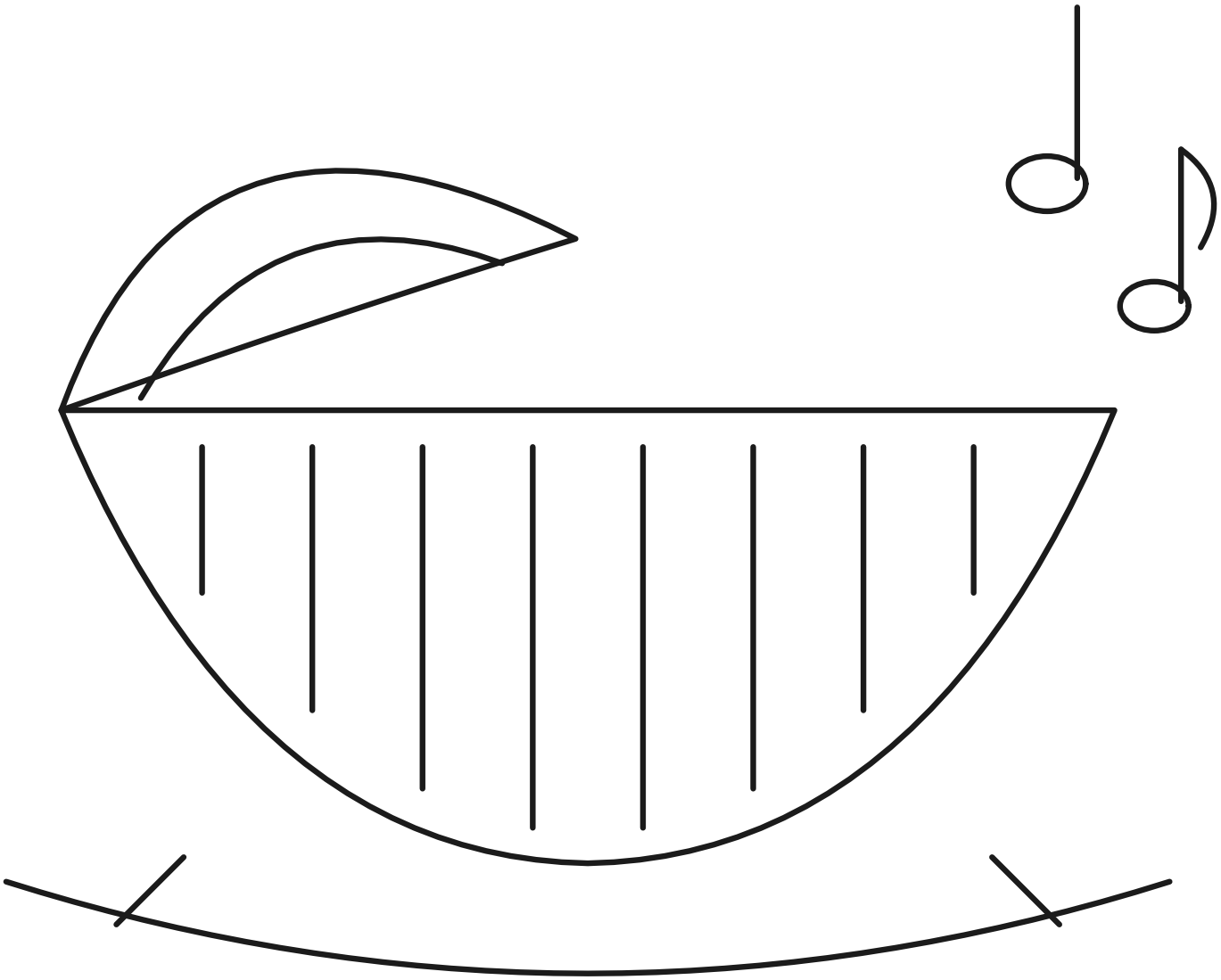
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THE MUSIC STAND

Talk about it: Did you ever sing in a choir?

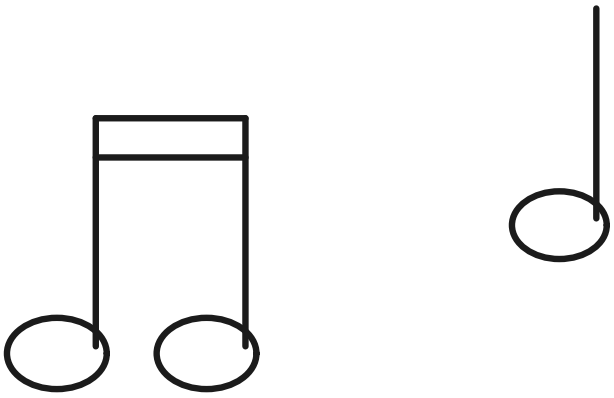
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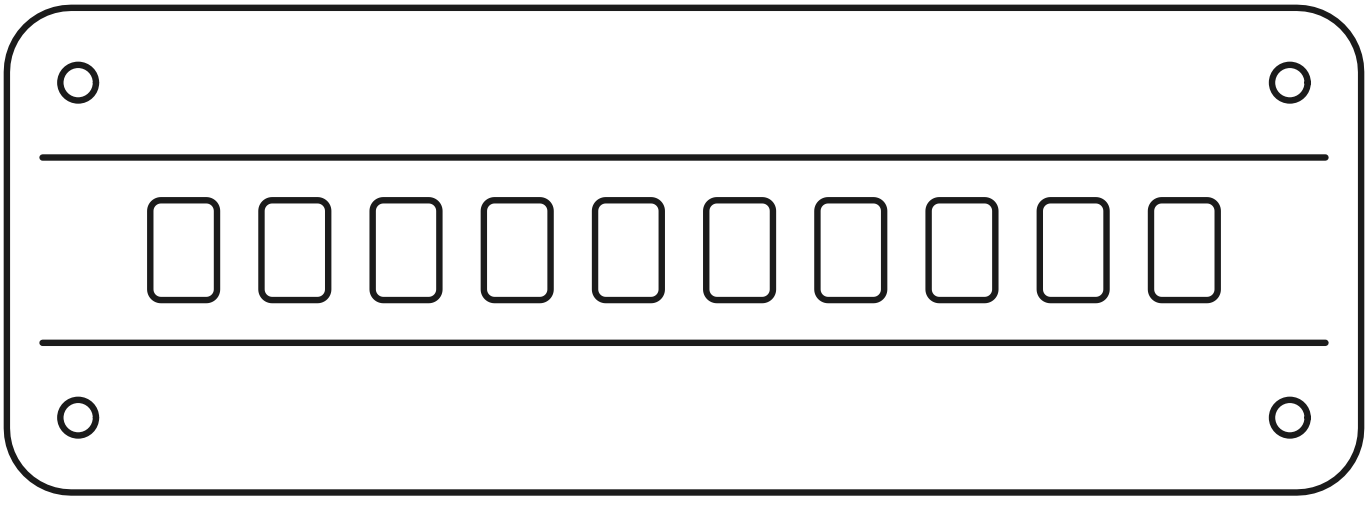


THE LULLABY CRADLE

Talk about it: What songs were you sung as a child?

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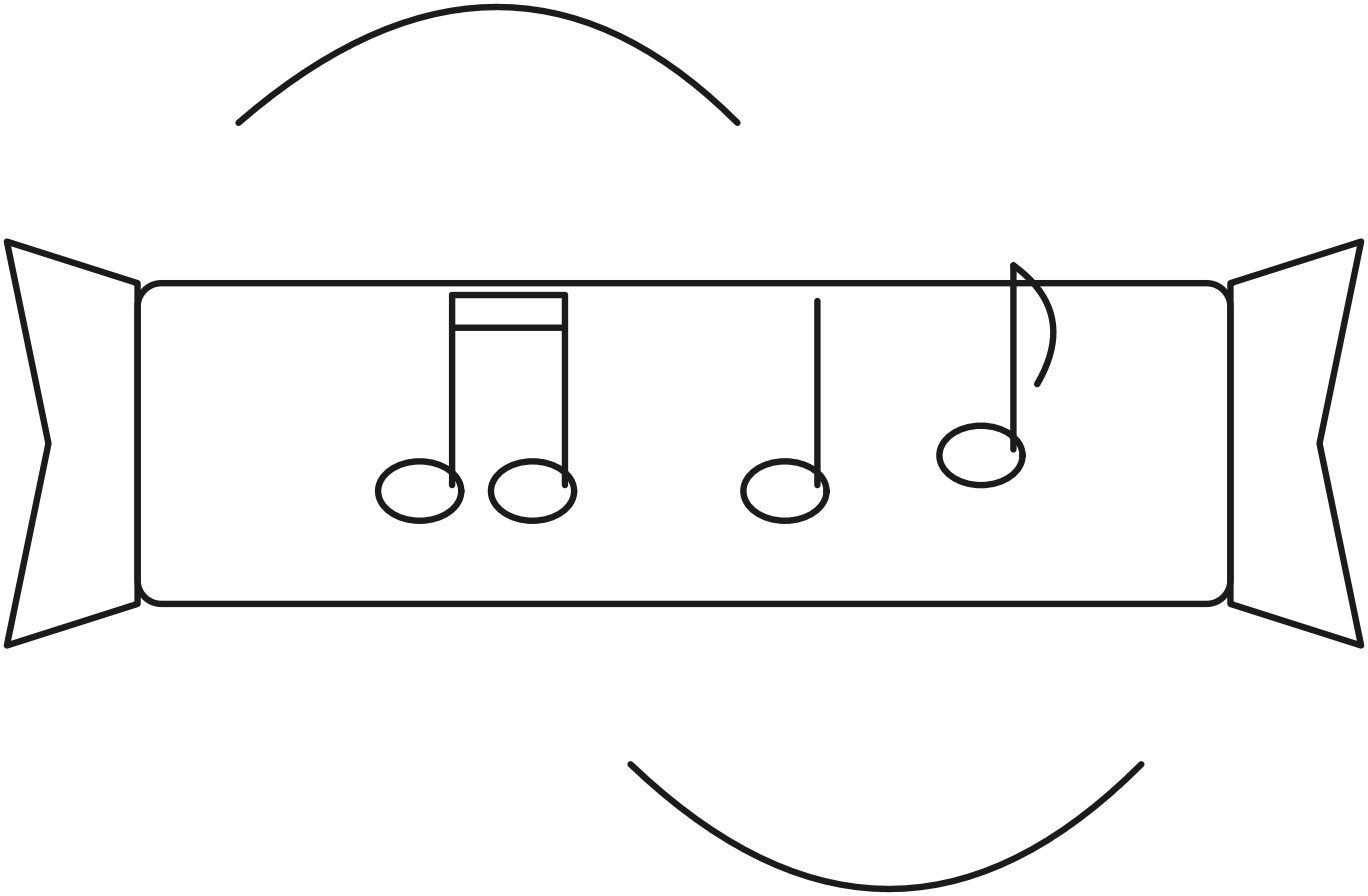




THE HARMONICA

Talk about it: Who in your family made music?

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THE RIBBON BANNER

Talk about it: If you could hear one song right now, what would it be?

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Notes & Memories

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ABOUT THESE PAGES

These books draw on simple, well-loved ideas: that revisiting happy memories (reminiscence) can lift mood and spark conversation, that coloring is a calm, focusing activity for busy or anxious minds, that large, bold, high-contrast art suits aging eyes and shaky hands, and that music and nostalgia are especially powerful memory cues.

This is a gentle activity, not medical or therapeutic treatment.

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